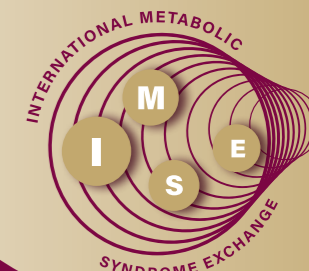


# I M S E INTERNATIONAL METABOLIC SYNDROME EXCHANGE



Exactly one year ago, in June 2022, a document was published by a large team of specialists in hypertension, lipids, obesity, diabetes mellitus, bariatric surgery, cardiology, family medicine and others.

The document was entitled:

## „Metabolic Syndrome: A New Definition and Practical Management.”

During these 12 months, there have been many discussions and multiple attitudes and opinions have clashed on the separation and definition of metabolic syndrome, comorbidities and a coordinated approach to their treatment. We know what a challenge it is for doctors across Poland to care for multimorbid patients. We therefore decided to summarise this year and the experiences of many specialists.

Together with **PRO.MED.CS**, which has funded a research grant to develop discussions on **metabolic syndrome**, we would like to invite you to a scientific symposium in the form of multidisciplinary debates. The symposium will be held:

**from 23 to 25 November 2023**  
**in Istanbul, Türkiye,**  
**at Swissôtel the Bosphorus**

The aim of this meeting will be to elaborate, in discussion, on the problem of obesity, which is the root cause of most of the consequent diseases that become the components of **metabolic syndrome**.

The name of the symposium, **1st International Metabolic Syndrome Exchange**, is intended to create a tradition of periodic meetings, exchange of opinions, news, trends and systemic solutions in the field of metabolic disorders. We believe that together we will create such a tradition and that the second edition the symposium will already have a wide international, multidisciplinary character.

The partner of this event, **PRO.MED.CS**, will take care of the logistics and the organisational side. **The scientific board** composed of the signatories of this invitation have taken great care to ensure that the discussions are kept within the confines of their topics and are of the highest scientific quality. The agenda of the meeting enclosed to this invitation and the **Experts** invited to the discussion guarantee the practical dimension of the conclusions that will arise as a result of the scientific debates.

**We therefore ask you to accept this invitation and take part in this discussion, so important for our patients' future.**

### Scientific Committee:

Prof. Andrzej Januszewicz, MD, PhD — Chair  
Prof. Reinhold Kreutz — Co-Chair, guest of honour  
Prof. Jacek Wolf, MD, PhD  
Prof. Aleksander Prejbisz, MD, PhD  
Prof. Piotr Dobrowolski, MD, PhD  
Prof. Krzysztof Narkiewicz, MD, PhD  
Prof. Piotr Jankowski, MD, PhD

Prof. Paweł Bogdański, MD, PhD  
Prof. Alina Kuryłowicz, MD, PhD, Professor of the Medical Centre for Postgraduate Education  
Prof. Lucyna Ostrowska, MD, PhD  
Prof. Agnieszka Mastalerz-Migas, MD, PhD, Professor of Wrocław Medical University  
Prof. Janusz Gumprecht, MD, PhD

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